PURPOSE IN LIFE SCALE

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 How much do you agree or disagree with the following statements?

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  |  | STRONGLY dISAGREE | SOMEWHAT DISAGREE | NEITHER AGREE NOR DISAGREE | SOMEWHAT AGREE | STRONGLY AGREE |
| 1 | I feel that my life has meaning | O | O | O | O | O |
| 2 | Even when things are bad, I still have hope | O | O | O | O | O |
| 3 | My work drains my energy | O | O | O | O | O |
| 4 | I feel that life is worthwhile | O | O | O | O | O |
| 5 | It feels good to set goals for myself | O | O | O | O | O |
| 6 | I feel that there are things in the future to be hopeful about | O | O | O | O | O |
| 7 | I get enjoyment out of the things I do | O | O | O | O | O |
| 8 | I feel a curiosity about the world | O | O | O | O | O |
| 9 | I enjoy working to make my plans a reality | O | O | O | O | O |
| 10 | I am enthusiastic about getting out of bed in the morning | O | O | O | O | O |
| 11 | I feel that my life is interesting | O | O | O | O | O |
| 12 | I would like to disappear or become invisible | O | O | O | O | O |